

Name patient:.....

Date:.....

Name of the instructor:

Inhalation protocol Genuair®

Patient information

1. Discuss the purpose and the mode of action of the medication.

Preparation

2. The mouth must be empty.
3. Hold the Genuair® horizontal, with the green button on the upper side. Remove the cap from the mouthpiece.
4. Press the green button on the backside fully. After a double 'click', the green button can be released. Only do this just before inhalation.
5. Check if the control window has turned green.
6. The Genuair® is now ready for use.

Inhalation

7. Sit or stand up straight with your head slightly backwards.
- 8. Exhale slowly and completely, not into the Genuair® .**
9. Put the mouthpiece between teeth and close lips to form a good seal.
- 10. Inhale deeply with steady, moderate force.** Within the first second, you will hear a 'click'. Do not stop inhaling.
11. Hold breath for 10 seconds or as long as comfortable. Meanwhile remove the Genuair® from the mouth.
12. Exhale slowly, not into the Genuair®.
13. Check if the control window has turned red. If so, the inhalation was successful.
14. If an extra dose is prescribed, repeat steps 4 to 13.
15. Put the cap back on the mouth piece.

Cleaning

16. Clean the mouthpiece with a dry tissue, never rinse it with water.

Important points

17. The dose counter indicates the number of available doses. The dose counter will count down in steps of 10, When a red striped band appears on the dose counter, you are nearing your last dose of the Genuair®.
18. Keep the inhaler at room temperature in a dry place, not in the bathroom or kitchen.

Finally

19. Have a look at an instructional film which shows these steps in action.